



JUNE 1, 2023

### **GEAR UP - Lost Hills**

Monthly Newsletter



### MAY MENTAL HEALTH AWARENESS MONTH - LUNCHTIME ACTIVITY

May is Mental Health Awareness month and GEAR UP decided to tailor our weekly trivia tabling to mental health. Students had the opportunity to anonymously rate how they were feeling, as well as color a personal pamphlet of their choice that consisted educational information of different topics, such as anxiety, anger, grief, etc. All pamphlets were provided by Ms. Hernandez, our GEAR UP Social Worker. In addition, students also were able to take positive affirmation notes they felt they needed.

Check out this video of our students and staff showing off their positive affirmations!



## GEAR UP Highlights:

May MH Lunchtime
Activity

Fresno Chaffee Zoo

Pathway BC Registration Dinner

### Upcoming Events:

**Summer School** 

Farewell 8th graders!

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### FRESNO CHAFFEE ZOO







GEAR UP takes over the zoo! Our 7th and 8th graders enjoyed a beautiful day at the Fresno Chaffee Zoo. Despite a power outage happening the morning of our trip and delaying our departure, our students and staff managed to make this a successful trip. Students were able to feed the giraffe's, pet the stingrays, and learn about different career opportunities at a

Z00.



"This trip was fun because we got to see all the animals. This was my first time at the zoo." - Jimmy, 8th

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## PATHWAYS BAKERSFIELD COLLEGE REGISTRATION

# BAKERSFIELD COLLEGE

Our GEAR UP team supported our 8th grade soon-to-be Pathways students in registering for Bakersfield College and enrolling in their first college course. Prospective Pathways students and their families came together for a lovely evening where they met the Lost Hills Pathways team, learned about Pathways, enjoyed dinner, and registered for Bakersfield College. GEAR UP was there to support with the enrollment process and participate in this monumental moment for our students.



"I am proud of myself for being selected to enroll in Pathways. I feel blessed to have Pathways because a lot of people don't. I feel like it is going to be a whole different journey. It will help me in a lot of ways to be more successful." - Valeria, 8th

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### **GEAR UP STUDENT OF THE MONTH**

#### 7th Grade: Isabel Vijeila

Isabel is our 7th grade GEAR UP
Student of the Month because of
her consistent work ethic and
engagement. Isabel is our GEAR
UP Ambassador Cohort Leader
and is always the first one to
arrive to every meeting. Isabel
always participates in advisory
and is respectful in class. She
always volunteers to help at our
events.



#### 8th Grade: Marieli Martinez

Marieli is one of our GEAR UP
Ambassadors and has done a
phenomenal job all school year.
Marieli always participates in
advisory and volunteers to help
with events. Marieli is an
exemplary student for the rest of
her peers. Marieli will also be in
Pathways in high school and
recently enrolled in BC.



"Education's purpose is to replace an empty mind with an open one." - Malcom Forbes