MARCH 2022 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Wildings	1	veunesday 2	Titursuay	3
	Banana Muffin pineapple chunks, milk	Breakfast Sandwich turkey sausage, American cheese, whole grain croissant, apple, milk	Pina Coco Oats coco yogurt, pineapple	Granola Parfait mixed berries, homemade granola, milk
	Chicken Parmesan whole grain spaghetti, sauteed vegetables	Torta carne asada, whole grain roll, condiment kit	Char Sui Chinese five spice pork, brown rice, stir fried vegetables	Mexican Chicken Tacos corn tortillas, pico de gallo
	granola parfait, mixed berries, homemade granola, celery sticks, milk	honey bunnies, hard-boiled egg, fresh fruit, broccoli florets, milk	cinnamon crisps, pineapple chunks, cucumber tomato salad, string cheese, sunflower seeds, milk	No supper
7 Cinnamon Chex Cereal mixed berry cup, string cheese, milk	8 Breakfast Burrito scrambled eggs, cheddar, sausage crumbles, fresh pear, milk	9 Apple Pie French Toast cinnamon, milk	10 Very Berry Overnight Oats almonds, berries, milk	Blueberry Muffin fresh fruit, milk
Barbacoa Flatbread braised beef, mozzarella, cilantro	Turkey + Cheddar Sub whole grain hoagie, condiment kit	Carne Asada Tacos corn tortillas, salsa de molcajete, Mexican corn salad	Taqueria Spiced Pork Bowl Spanish rice, ranchera beans	Bean + Cheese Burrito whole wheat tortilla, cheddar cheese
Red Salsa Sun Chips, refried beans, baby carrots, fuji apple, milk	Cheez- it crackers, baby carrots, granny smith apple, hard-boiled egg, milk	granola parfait, mixed berries, homemade granola, celery sticks, milk	Chex Mix, street corn, string cheese, sun butter, gala apple, milk	No supper
Bagel cream cheese, blackberry jam, string cheese, fruit cup	15 Biscuit Frittata egg, spinach, mozzarella, whole grain biscuit	16 Granola Parfait mixed berries, homemade granola, milk	Breakfast Taco scrambled eggs, cheese, salsa de molcajete, orange wedges, milk	18 Banana Muffin fresh fruit, milk
Classic Burger beef patty, cheddar cheese, brioche bun, condiment kit	Turkey Picadillo carrots, peppers, onions, peas, arroz con maiz	Pork Pastor Burrito whole grain tortilla, ranchera beans	Egg Roll Bowl soy ginger glazed pork, brown rice, roasted carrots	Teriyaki Bowl soba noodles, sauteed vegetables
honey bunnies, hard-boiled egg, fresh fruit, broccoli florets, milk	Original Sun Chips, hard-boiled egg, baby carrots, fuji apple, milk	Bug bites graham crackers, Colby jack cheese, sun butter, celery sticks, fresh apple, milk	Cheez- it crackers, street corn, granny smith apple, hard-boiled egg, milk	No supper
Apple Bionico shredded coconut, vanilla yogurt, raisins	Very Berry Overnight Oats almonds, berries, milk	Cinnamon Chex Cereal mixed berry cup, string cheese, milk	24 Breakfast Sandwich turkey sausage, American cheese, whole grain croissant, apple, milk	25 Apple Pie French Toast cinnamon, milk
Chile Verde Burrito cheddar cheese, whole grain tortilla	Curryfornia Bowl garbanzo beans, tofu, kachumber salad, masala fried brown rice + quinoa	Chicken Caccaitore herb roasted chicken, rice pilaf, sofrito, sauteed zucchini	Chipotle Chili corn + black bean salad, cheddar cheese, jalapeno cornbread	Chicken Fajitas Spanish rice, bell peppers, onions, ranchera beans
Chex Mix, baby carrots, string cheese, sun butter, gala apple, milk	Harvest Cheddar Sun Chips, hard-boiled egg, broccoli florets, fresh pear, milk	cinnamon crisps, pineapple chunks, celery sticks, string cheese, sunflower seeds, milk	Cheez- it crackers, street corn, granny smith apple, hard-boiled egg, milk	No supper
28 Very Berry Overnight Oats almonds, berries, milk	English Muffin sausage patty, cheddar cheese, cut fruit, milk	Cheerios string cheese, banana, milk	Granola Parfait mixed berries, homemade granola, milk	
Chicken Pozole tortilla chips, cabbage, onion, radishes	Enchilada Casserole beef, corn, cheddar cheese, red enchilada sauce	Pollo a la Napolitana penne pasta, chicken, napolitana sauce, mozzarella	Latin Chicken sweet potato, bell peppers, black beans, Spanish rice	
Cheez- it crackers, baby carrots, granny smith apple, hard-boiled egg, milk	granola parfait, mixed berries, homemade granola, celery sticks, milk	honey bunnies, hard-boiled egg, fresh fruit, broccoli florets, milk	Bug Bites grahams, string cheese, sunflower seeds, street corn, orange wedges, milk	

Wonderful college prep academy™

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- *Breakfast and Lunch are served with fruit and milk every day.
- *Menu is subject to change.
- *This is Institution is an equal opportunity employer.