

OCTOBER 2ND, 2023

# GEAR UP - Delano

Monthly Newsletter



Pictured from left to right: Alex Garcia (9), Diana Almanza (9), Nancy Carrillo (8), Nathaniel Casillas (8), Justin Sanchez (8), Fernando Hernandez (8), Saul Arreola (9).

## GEAR UP AMBASSADOR TEAM

Before GEAR UP week officially started, our team of student ambassadors had the opportunity to attend a Latinx youth leadership conference at the College of the Sequoias, Visalia campus. The ambassadors were able to learn from various Latinx leaders who spoke about their experiences and journeys. They also participated in team building activities that helped them bond with each other and develop trust. The workshops on inclusivity and leadership were particularly impactful as they helped the ambassadors understand the importance of diversity and collaboration in achieving success. The skills and knowledge they gained during the conference were invaluable, and they were eager to apply them in their roles as leaders and ambassadors for their community.

## GEAR UP Upcoming Events:

WCPA Fall Break  
10/9/23-10/13/23

---

Unity Day  
Wear Orange  
10/18/23

---

WCPA Middle School  
ILP Night  
10/25/23

## Daily Reminder:

*"You are never  
too small to make  
a difference."*

—Greta Thunberg

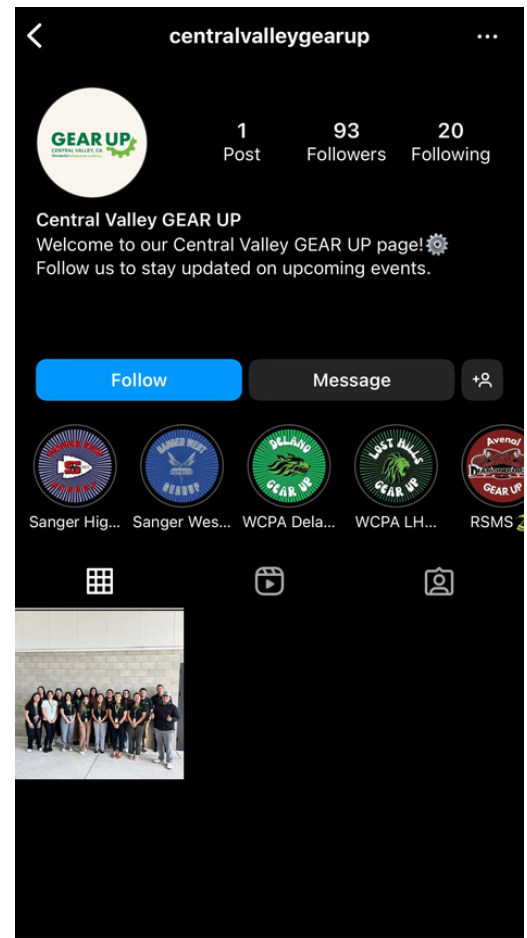
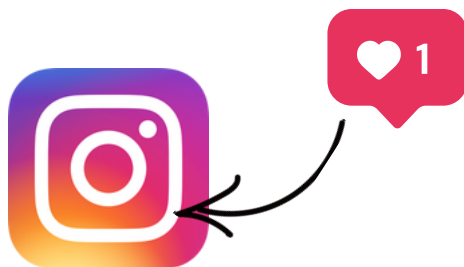


# GO TEAM!

At WCPA, we understand the importance of supporting students both academically and emotionally. We believe that events like these can help students feel more connected to their school community and better equipped to handle the challenges of college life.

Pictured to the left are WCPA student ambassadors Nancy Carrillo, Nathaniel Casillas, Justin Sanchez, and Fernando Hernandez. They had just finished working as a team disassembling and reassembling a camping tent, beating the fastest score.

We are now on Instagram! GEAR UP Central Valley made an Instagram account that is now live! Our Instagram handle is @centralvalleygearup. By following us, you can get the latest information on college and career readiness family workshops, scholarship opportunities, and other events that we organize. We also use this platform to showcase the achievements of our students and share their success stories. Our goal is to create a supportive community that fosters academic and personal growth for all students in the Central Valley. So, if you're a student, parent, or educator who is passionate about education and student success, come join us on Instagram and be a part of our community!





## DAY ONE



Research has shown that therapy dogs can have a positive impact on mental health and well-being, especially for students who may be feeling stressed or overwhelmed. By bringing these furry friends onto campus, we aimed to provide a fun and relaxing environment for students to take a break from their studies and connect with these loving animals.

We are grateful to Marley's Mutts Miracle Program for partnering with us on this event and look forward to continuing to provide resources and support for our students throughout the year.



## DAY TWO

“Fuel Up Tuesday” with fruit cups in the quad! 8th and 9th grade enjoyed their choice of fruit from watermelon, cucumber, pineapple and strawberry. We understand healthy diet helps support a healthy mind. We want to inspire our students to make the best decisions for themselves in life and in school.





## DAY THREE



Educating our students about college and career knowledge is only part of the path to success. Our students MUST envision themselves as successful. When students can see themselves as successful individuals, they are more likely to take the necessary steps to achieve their goals. For Wednesday's activity we provided opportunities for students to build their confidence and self-esteem by holding a cap and gown photo booth. When students feel valued and supported, they are more likely to believe in their own abilities and strive for success.

## DAY FOUR



For "Reach your Target Thursday," students were encouraged to dream big and aim high. It was heartwarming to see so many of our students with a clear sense of purpose and direction. From aspiring doctors to budding entrepreneurs, we heard a wide range of career aspirations and life goals. We emphasized that no dream is too big or too small, and that with hard work and dedication, anything is possible. By providing students with the tools and resources they need to succeed, we hope to help them achieve their dreams and reach their full potential.